

# Forever and ever. Amen.

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## 1. Pre service/ Ice breaker (10 min): Spin the wheel Challenge

- Each child will come up one at a time to spin the wheel to select a letter. Use the random letter generator:

<https://pickerwheel.com/tools/random-letter-generator/>

- Once they have their letter, they need to quickly name:

- A type of food that starts with that letter.
  - A colour that starts with that letter.
  - An animal that starts with that letter.
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•A country that starts with that letter.

- Once they've named all four categories, they can sit down, and the next child will come up to take their turn.

**2. Praise and worship (15 min):**

- Higher (3C Live)
- Till the walls come down (Planetboom)
- Holy Forever (3C Live)

**3. Ministry to kids (5 min):**

Pray for the needs of kids. (A leader can prepare a short scripture for ministry)

**4. Offering (5 min):**

Encourage kids to bring their offering. (A volunteer can prepare a scripture for offering) Pray a blessing as they give.

**5. Announcements (3 min):**

Bring a buddy day coming soon – Invite friends from your list of 10

**6. Birthdays (5 min):**

Celebrate birthdays that have happened in the past week. Sing and pray for the children. Give a special birthday treat to the birthday people for the month.

**7. Lesson (20-30 min)**

**Lesson objective:** By the end of this lesson, children will discover that prayer is a personal conversation with God, guided by a heart that knows His Word and seeks to follow His will. They will learn how to pray with faith and understanding, trusting that God listens to sincere, faithful prayers.

**Memory verse:** Romans 12:12

constantly rejoicing in hope [because of our confidence in Christ], steadfast and patient in distress, devoted to prayer [continually seeking wisdom, guidance, and strength],

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**Declaration:** “I will pray with confidence, knowing God hears me when I pray according to His Word. I will be intentional, clear, and faithful in my prayers, trusting that God is my protector, provider, and guide.”

**Opening:**

- Start by asking the children, “What prayer has God answered for you lately?” Encourage them to think about any specific situations where they saw God at work in their lives—big or small.

**Introducing the Lord’s Prayer:**

- Explain: Jesus gave us a specific example of how to pray in Matthew 6:9-13. As Christians, we follow Jesus in everything we do because we are His disciples. So, if Jesus tells us, "This is how you should pray," we must follow that example. Jesus didn't just give us random words; He showed us how to pray accurately so we can connect with God the right way.

**Then read Matthew 6:9-13**

*“In this manner, therefore, pray: Our Father in heaven, Hallowed be Your name. Your kingdom come. Your will be done On earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, As we forgive our debtors. And do not lead us into temptation, But deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.”*

**Breaking Down the Prayer:**

- "Our Father, who art in heaven"

God is our Father, but we need to be born again to be His child. This is the first thing Jesus teaches us to acknowledge in prayer—God is our heavenly Father. Just like children rely on their parents, we rely on God. Prayer starts with recognising our relationship with Him.

- "Hallowed be thy name"

"Hallowed" means holy or special. God’s name is to be respected. We need to honour who God truly is and not make Him smaller than He is. We don’t just pray to anyone; we are talking to the Holy God. Praying this way shows that we recognise His greatness.

- "Your kingdom come, Your will be done" This means we ask for God’s plan and will to be done, not our own. As Christians, we trust that God knows what’s best for us. Praying this shows that we trust God's will more than our own desires. We surrender our plans for His.

- "Give us this day our daily bread" This is about asking God to provide what we need every day. We rely on Him for everything. We depend on God for our needs. This prayer reminds us to trust Him to take care of us each day.

- "Forgive us our debts, as we forgive our debtors" We need to ask for forgiveness for our sins and also forgive others. Jesus teaches that we cannot hold grudges and expect God to forgive us. Repentance is crucial in prayer. Sin means we miss the mark, but God forgives us when we come to Him humbly. We must also forgive others.

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- "And lead us not into temptation, but deliver us from evil" We ask God to protect us from situations where we might be tempted to sin and to deliver us from evil. Jesus shows us that we need God's help to avoid the traps of sin. This reminds us to rely on God to help us resist temptation and to guide us away from evil.

- "For Yours is the kingdom and the power and the glory forever" We end by declaring that all power and glory belong to God forever. This is a way of honouring Him and recognising His control over everything. Jesus teaches us to recognise God's eternal power and glory. We live for things that matter forever, not just for today.

### ***Points to discuss further : Emphasising Accurate Prayers:***

- The Lord's Prayer is a Guide, Not Just a Memorisation:

Jesus didn't give us this prayer just to repeat it from memory without thinking. It's a guideline that helps us pray intentionally, clearly, and faithfully. Every part of it has meaning, and we should use it as a model for our own prayers, focusing on God's character, our needs, and our relationship with Him.

- Don't Pray Like the Pharisees:

Jesus warns us not to pray like the Pharisees, who thought that long, loud, and fancy prayers would make God listen more. They prayed to impress people. But God values the sincerity of our hearts, not the length or the words we use. It's not about showing off or praying in front of others, but about praying with humility and authenticity.

- Faithful Prayers Come from Knowing God's Word:

Faith comes by hearing the Word of God, and our prayers should be grounded in the truths found in Scripture. We need to know our Bible so we can pray what's in God's Word—His promises, His character, and His will. For example, we can confidently pray that God is our protector or healer because the Bible tells us these truths. Our prayers should reflect our knowledge and faith in God's Word.

### **Application (May be done in groups)**

Pray: Allow opportunity for each member to pray through an aspect of the Lord's prayer

Create Prayer Cards at home: Encourage the children to write down a promise from the Bible that they can pray over a situation in their lives. They can decorate their cards and put them as a reminder of God's promises.

### **Challenge for the week:**

- See challenge paper for the week